



Packing Tips

What Does OneLife Provide?

This is the question facing every student. A limited amount of space, shared with a roommate, requires some planning and preparation when packing. *We provide a desk, chair, dresser, twin size mattress, twin size bed, and a "closet-space"* (3-drawer dresser, small desk with 3 drawers and a bookshelf, and approximately 45in. of closet rod space with a corresponding shelf). These items are your "personal space" and will fill up quickly. Keep in mind that just because you can fit a lot of stuff in your minivan does not mean that it will all fit in your room! In starting off with our OneLife values, consider being a blessing not a burden. Does bringing that large stuffed teddy bear benefit your roommate? Or is it going to detract from space that *they* need?

Packing for the Seasons

A good rule to follow is to only bring the clothes that are appropriate for the season. Fall semester will start off hot, but it will get cooler. [This site](#) will give you a rough idea of what to expect. You can take items home at breaks and bring back anything you will need for the changing seasons.

Storage

Please note that storage here at OneLife is limited. Plan ahead and email us if you have specific questions.

Life Together

So much of community building at OneLife happens from the organic process of living with your peers. We encourage you to have fun while planning for life in the dorms but also considering the needs of those you will be living with.

What to Bring

Room

- Extra-Long twin-size sheets
- Comforter/bedspread
- Pillows and blankets
- Mattress pad (optional, but most students find this very helpful)
- Daily toiletries/Shower Caddy
- Towels, washcloths
- Laundry detergent and basket
- Clothes
- Alarm Clock
 - Nice dress clothes (will be needed on occasion)
 - Casual attire (see dress guidelines below)
 - Athletic Shoes
 - Hiking Boots
 - Athletic Clothes

Study

*Please have a good system for taking notes during classes week by week!

- Laptop or Tablet (optional, helpful for papers/research assignments but not necessary for class- we take notes by hand in class; computers in library will be available for student use)
- Standard school supplies
 - Access to university printers is provided
- Spiral Notebooks
- Writing Utensils
- Backpack
- Bible (translation of your choice)

Travel

- Luggage
 - (1 checked bag & 1 carry-on allowed)
- Waterproof rain jacket ("water-resistant" will leave you wet). *Read more about this [here](#).*
- Two, 32oz water bottles (Nalgens are great!)
- Headlamp
- Backpack
- Passport
 - **If you haven't applied for one yet, do that **now!**** You can find all the information at <http://travel.state.gov/passport/>
 - *If your passport expires within 7 months after our overseas trip ends in March, you will need to apply for a new one now. This is from a newer federal regulation.*

Optional Items

- Camera (extremely helpful - you will not usually have access to your phone)
- Watch
- Personal Fan
- Umbrella/Rain boots
- Storage Bins/Crates
- Board/Card Games
- Art supplies
- Musical Instruments
- Indoor Extension Cord/Power Strips
 - 2 outlets total in each dorm room
- Travel sized bible – *Packing is MUCH easier when you're not carrying a huge study bible*
- Mini-Fridge
 - Public fridges will need to be used for OneLife grocery storage. Personal food will need kept in personal fridges
- A puffy down jacket – specifically one that is lightweight and can pack very small
 - These are GREAT for backpacking!
- These items may be borrowed (unless you break them) for backpacking trips
 - Sleeping Bag *rated at 35° or less*
- Backpacking backpack (at least 60L)
 - Be cautious of “discount brand” backpacks – The potential suffering involved with using a bad pack is not worth it!
 - Osprey, Gregory, Kelty, Arcteryx, REI, and High Sierra are all great brands
- Sleeping pad
 - If you want to buy your own, [this](#) one (Klymit Static V) and ones like it are great. We recommend it highly for size, weight, and comfort.
- Coffee accessories
 - Coffee is provided, but many students enjoy bringing their own fancy coffee doo-dads
- Cleaning supplies
 - These are provided by SWU, but can be helpful if you want a personal cleaning kit

